

Pre-Op Instructions



PAIN MEDICINE ASSOCIATES
your life, your health, pain free

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Spinal Cord Stimulator & Intrathecal Pump Implantations

Our primary concern is your safety; we want to ensure that you have a favorable experience with your Medtronic implant procedure. We ask that you please notify our office if you have any allergies to medications or latex. Also, we will need to be advised if you are diabetic or have a previous history of infection, such as MRSA or meningitis.

Below, we have listed key preoperative instructions that we ask all patients to follow:

1. Nothing by mouth (NPO) after midnight before surgery, unless otherwise instructed.
2. Continue taking all maintenance medications from your primary care physician; you may take with a small sip of water.
3. Anticoagulants should be discontinued prior to surgery date.

Coumadin (Warfarin):	5-7 days prior to surgery date
Plavix (Clopidogrel):	7 days prior to surgery date
Ticlid (Ticlopidine):	14 days prior to surgery date

All anti-inflammatory medications/Non-steroidal Anti-inflammatory Medications (NSAIDS): 7 days prior to surgery date

4. Aspirin (ASA) should be discontinued 3 weeks prior to surgery date. However, if taking Aspirin 81mg then you are not required to discontinue.
5. Shower with Hibiclens 2oz the night before surgery and 2oz morning of surgery. (Generic name for Hibiclens is Chlorhexidine Liquid.) This is available for purchase at Wal-Mart and Target. Your local pharmacy should carry this as well.

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DISCLAIMER: INFORMATION PROVIDED IN THIS SHEET IS GENERAL IN CONTENT AND SHOULD NOT BE SEEN AS A SUBSTITUTE FOR PROFESSIONAL MEDICAL ADVICE. CONCERNS OVER MEDICAL CONDITIONS SHOULD BE DISCUSSED WITH YOUR PRIMARY CARE PHYSICIAN OR PAIN CARE SPECIALIST.