

Sacroiliac Joint Injection



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The Sacroiliac Joint (SI) Injection is carried out to eliminate pain caused by sacroiliac articulation (a joint which connects the spine and thighbone) arthritis. Steroid medication can decrease swelling and inflammation. During this procedure the patient lies face down with a soft pad under the stomach for improved comfort and to help to relax the spine.

A local anesthetic is administered in the site of injection, which numbs the tissues up to the sacroiliac articulation. Then a steroid-anesthetic mixture is injected to the area.

Sacroiliac Joint Steroid Injection Side Effects:

Possible side-effects are comparable to side-effects of a simple injection: patient may have allergic reactions, bacterial infection or bleeding, which occurs rarely. Steroid side-effects include swelling of the face, arms and legs; also, diabetics may experience an increase in their blood sugar level.

It is obligatory to inform your physician about pregnancy or the use of blood thinning medications and also if you have had a recent infection.

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DISCLAIMER: INFORMATION PROVIDED IN THIS SHEET IS GENERAL IN CONTENT AND SHOULD NOT BE SEEN AS A SUBSTITUTE FOR PROFESSIONAL MEDICAL ADVICE. CONCERNS OVER MEDICAL CONDITIONS SHOULD BE DISCUSSED WITH YOUR PRIMARY CARE PHYSICIAN OR PAIN CARE SPECIALIST.