

SUPPORT GROUPS



Inland Pain Medicine Cares



PAIN MEDICINE ASSOCIATES
your life, your health, pain free

Long Beach Office
3620 Atlantic Ave Long Beach
Long Beach, CA 90807
(562) 595-0060 fax: (562) 595-0027

Fountain Valley Office
18111 Brookhurst St., Suite 3100
Fountain Valley, CA 90708
(714) 963-7240 fax: (714) 963-7224

www.PAINASSOCIATE.com

ACTION

For families in emotional pain
Information: 800-282-5660
Hotline: 800-367-8336

ALCOHOLICS ANONYMOUS

Recovery and support groups for alcoholics
Information: 909-825-4700

ALCOHOLICS ANONYMOUS BILINGUAL

Adelanto, CA
Information: 760-246-5834

AL-ANON & ALATEEN

For friends and families of alcoholics
Information: 909-824-1516

ALZHEIMER'S SUPPORT

For care givers and families
Somerset Place, Redlands, CA
2nd Wednesday of each month, 2-4 pm
Information: 909-793-9500

ALZHEIMER'S SUPPORT

For people caring for someone with Alzheimer's disease
Information: 909-478-6128

ALZHEIMER'S FAMILY SUPPORT GROUP

Encore Senior Village, San Bernardino, CA
Information: 800-675-6694

AMPUTEES SUPPORT GROUP

For individuals who have had an extremity amputated
Redlands Community Hospital, Redlands CA
Weisser Pavilion (follow signs)
3rd Sunday of each month, 2:00 - 4:00 pm
Amputee programs and pot luck snacks

CANCER SUPPORT GROUP INFORMATION

American Cancer Society, 951-683-6415

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Hope
(Chinese Symbol)

**CAREGIVERS OF BRAIN IMPAIRED ADULTS
SUPPORT GROUP FOR SPANISH SPEAKERS**

Information: 909-387-9440

**CHRONIC REGIONAL PAIN SYNDROME (CRPS) /
REFLEX SYMPATHETIC DYSTROPHY (RSD)**

www.inlandempirersdsupportgroup.webs.com

Email: pattierosario@sbcglobal.net

Information: 909-913-144

COMPASSIONATE FRIENDS

Support Group for Bereaved parents and siblings

3rd Tuesday of each month, 7:30 - 9 pm

First Congregational Church, Redlands, CA

Information: 909-792-6358

**DEPRESSIVE AND MANIC DEPRESSIVE SELF-
HELP SUPPORT GROUP**

St. Adelaide Church, Highland, CA

Information: 909-862-1096

DIABETES EDUCATION AND SUPPORT

Beaver Medical Clinic

909-793-3311

EATING DISORDER SUPPORT GROUP

San Bernardino County of Mental Health

San Bernardino, CA

Information: 909-381-2420

EMOTIONS ANONYMOUS

A twelve-step program for recovery from mental & emotional illness.

<http://www.emotionsanonymous.org/>

Phone: (651) 647-9712

FOOD ADDICTS ANONYMOUS

San Bernardino, CA

Information: 877-679-0707

IMAGE REBORN

A support group for women interested in option and alternatives for breast reconstruction

Information: 909-427-6034



INLAND EMPIRE LUPUS SUPPORT GROUP

Information: 909-874-9257

MENTAL ILLNESS SUPPORT GROUP

For families and friends of the mentally ill
Shepherd of the Hills Church, Rancho Cucamonga, CA

Information: 909-820-5987

NARCOTICS ANONYMOUS

Recovery and support group for substance abusers

Information: 909-795-0464

OPTION HOUSE

Counseling for women in domestic violence

San Bernardino, CA

Information: 909-381-3471

**ORTON DYSLEXIA SOCIETY ADULT
SUPPORT GROUP**

Riverside County Education Center, Riverside, CA

Information: 909-886-3002

**OVEREATERS ANONYMOUS OF THE
INLAND EMPIRE**

Information: 909-887-7972

RECOVERY INTERNATIONAL

Secular self-help program based on self-control, self-confidence, and increasing one's determination to act.

Phone #: 866-221-0302, e-mail:

info@lowselfhelpsystems.org

TOUGHLOVE INTERNATIONAL

Support for parents who have lost control of their children or out of control/troubled children 8-50 yrs. of age.

YWCA- Riverside

8172 Magnolia, Riverside, CA

Information: 714-665-6565